
Asthama

Posted by i_wish_i_could_touch_u - 2009/11/13 07:33

Asthma is a commonly missed or misdiagnosed disease

It is estimated that there are more than 300 million people with asthma in the world. In Kuwait, the prevalence is about 10%. The incidence, the emergency room and hospital visits, morbidity, mortality and the cost of care are on the increase. Asthma is a disease of the small airways in the lung. The airways become smaller as they progress through the lungs, like branches of a tree. The symptoms of asthma are produced as a result of narrowing of the small air ways and inflammation in them leading to decrease in air flow. These can be varied and include repeated attacks of breathlessness, wheezing, chest tightness, and coughing. This inflammation may be present even when the person does not have any symptoms.

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